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Interdisciplinary Approaches to Disability

Looking Towards the Future

Volume 2

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10 The politics of creative access Guidelines for a critical dis/ability curatorial practice

Amanda Cachia

In this chapter, I offer guidelines or instructions for curators, accompanied by examples for a critical dis/ability curatorial practice, which involves an application of "creative access". Creative access extends from the generally understood meaning of "access", which is the ability to approach and use something. Access typically encompasses qualities of ease, according to Elizabeth Ellcessor, which might involve, for example, "user-friendliness of a system, or financial affordability" (Ellcessor, 2016, p. 6). In the context of a critical curatorial practice, where curators are understood to provide access to an audience in terms of an exhibition's content through objects, ideas and text, adding the word "creative" to curatorial access has a political agenda. First, the idea of creative access is manifold – on the one hand, the goal of creative access is to advance a more complex curatorial model for contemporary art exhibitions that can be made accessible to an array of complex embodiments, where, for example, sign language, captioning and written and audio translations of sound and image are embedded into the material, structural and conceptual aspects of an exhibition. On the other hand, creative access also means an active curatorial engagement with artists who use this notion of access as a conceptual framework in their practice, so that a curator's notion of access and an artists' interpretation of access are conflated and juxtaposed in an exhibition, providing a dynamic dialogic exchange between the physical and the conceptual, or the praxis and the theory.

My stake in the work of creative access is from the perspective of a curator who identifies as physically disabled and who has been deploying this notion in all my exhibitions since 2011. Not only has my curatorial work engaged in creative access, but my exhibitions have also engaged in social justice themes focused on disability and the disabled body. I have curated these exhibitions with the ambition of transforming reductive associations of the disabled body at large, in tandem with introducing audiences to Tobin Siebers's idea of "disability aesthetics", illustrating his concepts through the art objects on display and providing alternative definitions of aesthetics (Siebers, 2010). My projects have also explored activist positions within specific disabled community groups, including people with dwarfism, people who are deaf and/or hearing impaired, and people who are blind and/or visually impaired. My commitment to these themes called for an equal but also robust commitment to access, given that projects focused on disability must also surely consider the audience member who identifies as disabled. Therefore I found myself

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not only paying attention to the artist and their work as part of conventional curatorial labour, but that I also had to focus new energy into considering access in creative and conceptual ways that could be enlivened both practically and conceptually.

Some of the earlier examples of my projects engaging with creative access began in 2011 when I curated *Medusa's mirror* at the ProArts Gallery in Oakland. I decided to record audio descriptions of the artwork on an old iPod and left it at the front desk so that the audience could listen to these at their leisure. My aim was to open the idea that the curator can provide information about an artwork that is less interpretative and more descriptive, on both subjective and objective terms. A year later, for *What can a body do?* at Haverford College in Pennsylvania, I continued to extend the idea that audio descriptions could be even more creative by allowing students from the college to participate in the recordings. I had at least three descriptions per object, so that audio descriptions were offering numerous channels of information from multiple and, ostensibly, amateur perspectives, debunking the idea that audio description must be left solely to the professionals (Cachia, 2012).

I argue that creative access is an important tool to deploy within a critical dis/ability curatorial practice because it elevates and complicates our rudimentary, although no less important, understanding of access in the museum. This is because creative access embodies both conceptual and physical possibilities – the very idea of access can be discovered in an artists' work, and can be fruitfully curated into exhibitions while, at the same time, it can be incorporated into projects under the leadership and imagination of the curator. Creative access therefore calls for curators to weave in a new aspect to their practice that demands a consideration for a greater diversity of bodies, represented both in the complex embodiment and consequently the objects by artists with whom they work, and also the audience themselves that visit the museum and consume their ideas.

It needs to be noted, however, that this promotion of the idea of creative access is in no way meant to "water down" the significance of providing conventional, practical, physical access, nor to discount those professionals who execute such work such as captionists and sign language interpreters. Rather, I argue that creative access can be both practical and creative at once. I am, however, suggesting is that the addition of creative access perhaps offers a more compelling intellectual engagement with typical notions of access – through its regular and consistent deployment, the curator, artist and audience member will not only enhance their knowledge of standard conventions such as captioning, but will also enjoy understanding how artists engage with such conventions creatively. Perhaps this will motivate curators to take on the work of traditional forms of access – as well as creative access – in more meaningful, concentrated ways.

However, my observations are that for this to come to fruition, we, that is artists and curators, need some guidance. At present, the work of access is most often conducted by education staff in museums, as it is seen as a physical consideration – indeed, a legal stipulation – that must be executed. It is therefore often done in a noncreative, logical manner. If we were to add information as to how to best include a more creative access to these existing access guidelines, if we were to involve both artists and curators in this process, would we be able to expand this limited notion of just access into something much more conceptual, much more collaborative?

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I therefore offer the following guidelines, beginning with the strategic and concluding with the tactical, with the same spirit of revolutionary intent that an artist has historically developed through the manifesto. The manifesto has an important place in art history – many significant artist manifestos have proved pivotal to transforming and shaping both contemporary and future political beliefs and ideologies. Landmark manifestos include F. T. Marinetti's "Manifesto on futurism" ([1909]2009), "The first manifesto of surrealism" by André Breton ([1924]2017), Allan Kaprow's manifesto on the "blurring of art and life" (1966) and the Guerrilla Girls feminist slogan artworks (1985–1990) (www.guerrillagirls.com). I am inspired by the legacy of the manifesto as a tool that represents disruption, a call for change, and a signpost, notice and semiotic for "alert-ness".

I am also inspired by the work of non-visual learner Carmen Papalia who developed a similar list of playful, if ambiguous, suggestions for museum access from his perspective as a person who is blind for an issue of *Disability Studies* Quarterly (Papalia, 2013). However, while Papalia's work is important, it doesn't necessarily account for the diversity of all bodies. For example, he calls for a viewership of an object that demands an audience member to crawl along the ground. While I appreciate Papalia's antagonistic take towards a "reversal" of access that involves making physical space more uncomfortable for the ablebodied viewer, he doesn't necessarily consider what this means for other disabled users. For instance, crawling might prove difficult for someone who is a wheelchair user, or was born without a certain number of limbs. So, within this chapter, I offer my guidelines as a list of to-do items, or a template for how one might enact this critical curatorial dis/ability curatorial practice for the benefit of a wide range of users. It is a work in progress, mostly because it is unfinished, but also because I have not yet exhausted of all the list's possibilities, and because each item assumes an atmosphere of experimentation. One thing that is certain is that access must constantly be open to revision - according to Danielle Linzer and Cindy Vanden Bosch, access is individual and cannot ever speak to a so-called "universal" subject in a museum; however, this is quite the antithesis to the societal constructs that we currently operate under (Linzer & Vanden Bosch, 2013).

Guidelines for accessible art exhibitions

The following are my proposed guidelines, with notes as required for further information. As mentioned above, they are not exhaustive and are instead to be considered as a work in progress.

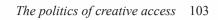
- 1 The curator, artist(s) and venue should work collaboratively on all access components.
- 2 The needs of the audience should be carefully considered, as this differs from venue to venue, but remember that access is also a symbolic political gesture that should be provided as a means to transform museum practice in general. In other words, access should be implemented, regardless whether or not a guaranteed "disabled" audience will be present (see Sandals, 2016).

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- 3 The curator should consider incorporating work by disabled artists in the exhibition as a means to offer a disability perspective in the work itself, especially in ways that artworks engage conceptually with access. Beyond this, curators should also encourage new modalities for the production of works of art by artists who do not identify as disabled.
- 4 The use of the wheelchair symbol in labels and other informational formats should be considered in order to make connections with the disability community and so that audiences understand that an institution and curators/artists are sympathetic and mindful of their disabled audiences.
- 5 An accessible website as an accompaniment to an exhibition should ideally be created. It needs to be designed so that it is screen-reader friendly (see WebAim, 2017) and also be considered for low-vision and colour-blind accessibility, that is where the font, size and other settings on the screen can easily be adjusted.
- 6 All accessible components should be implemented well in advance of an exhibition opening three months prior is ideal.
- 7 Sufficient funds should be incorporated in the budget for all appropriate access components as a critical part of the overall enterprise.
- 8 An honorarium should be incorporated into the artist and curator fees if there is specific labour attached to creating accessible components, such as asking either party to develop the audio descriptions and/or an accessible website.
- 9 Braille label copy should be provided through organisations like Lighthouse for the Blind (see http://lighthouse-sf.org).
- 10 Text-based label copy should be in 18 point, in a sans serif font. This is because a larger font size is easier to read for people with vision impairments. Sans serif fonts are also known to be more accessible for people with vision impairments as the extending features of the serifs at the end of a stroke in a word can be confusing and distracting for the task of identifying the letter.
- 11 Audio descriptions should be made available for each work. These audio files can be uploaded on the venue's website (or the artist and/or curator's websites) in order for people to download and listen to the files using their phones or another device. Ideally, there should be a device that is already provided by the gallery that is made secure to prevent theft.
 - *Note:* Specific information on how to create audio descriptions can be found in Art Beyond Sight (2017), and an online site where descriptions can be recorded is found at Vocaroo.com. For examples on how I have implemented creative audio descriptions into my own work, see Cachia (2012), where there are multiple audio descriptions for each object, or Cachia (2015), where there are also written transcripts of the audio files, increasing the levels of access.
- 12 Artwork should be hung at a level between 4–5 feet (1.2–1.5 metres). In the event that the work cannot be hung lower, display a sign that offers the viewer the opportunity to see the work in an alternative format such as a book or an online resource with images.





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Figure 10.1 Installation of Composing dwarfism: Reframing short stature in contemporary photography, Space4Art, San Diego, 2014.

Photo courtesy of Michael Hansel

- *Note:* I implemented this strategy when I curated *Composing dwarfism: Reframing short stature in contemporary photography* at Space4Art in San Diego as I wanted to be sure that people of short stature could effectively access the work in the gallery space.
- 13 Artists should be encouraged to make art that can be touched where possible and, ideally, be touched at all times as part of a strategy towards haptic activism. However, if touching in the gallery cannot be supervised sufficiently, then it is important to develop regular touch tours.
 - Note: For example, I curated an exhibition at the San Diego Art Institute in 2016 entitled Sweet gongs vibrating, which was a multimedia, multisensory exhibition that broke with the ocularcentric by embracing myriad modes of perception. This project aspired to activate the sensorial qualities of objects to illustrate alternative narratives regarding access, place and space for the benefit of a more diverse audience, especially for people with visual impairments and/or blindness. I was especially interested in challenging the ocularcentric modality of curating exhibitions, and the tendency to rely on the convention that objects must be experienced through vision alone. This was my attempt at curatorial haptic activism as an off-shoot to creative access, as I aimed to have the visitor directly touch all works in the exhibition as much as possible (for more about the history of touch in the museum, see Candlin, 2010). While this proved difficult owing to insufficient resources of the gallery, I did, however, engage with many of the artists in the project to request haptic-based pieces for the exhibition.

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One example was a video installation by Canadian artist Raphaëlle de Groot entitled Study 5: A new place (2015). In order to achieve the activation of the modality of touch for the audience member that I was seeking in de Groot's work, I asked her if I could include the original found materials that she used to create her makeshift head-mask seen in the video. The artist then allowed me to place the work as a disorderly bundle on top of a pedestal in front of a projection of the accompanying video. The projected video literally broke through the flat two-dimensional visual representation on the wall so that we could not only see the physical detritus of what the artist was experimenting with on her face and head, but the viewer could, importantly, touch it. As a gallery visitor engaged with touching the bundle of scraps, I wanted them to explore the varied surfaces of de Groot's papers, ropes, roughly-formed pieces of charcoal, plastic and other materials. If one was hearing and seeing, then one could visually observe how their touching actions mirrored the touching of the same materials taking place by de Groot in the video as she covered her head, and/or one could hear how the crinkle, crinkle, crunch, crunch noise to emerge as a result of hands making impact with crumpled paper were echoed in the sounds emanated from de Groot's same haptics. Extending de Groot's work in this way was a bid to achieve a heightened level of tactile engagement, and I argue that it is these types of creative access interventions that need to be encouraged as we consider the expansion of the sensorium and haptic activism within our museums and galleries.

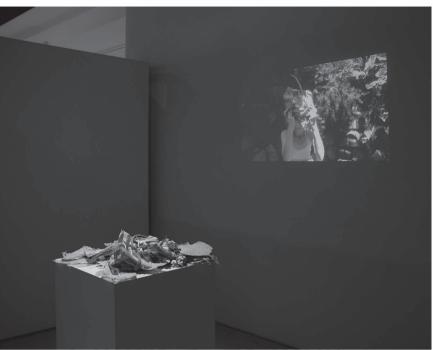
I also negotiated for the same method of creative access with another artist in the exhibition. San Francisco-based artist Darrin Martin included a video entitled *Objects unknown: Sounds familiar* (2016), where fragmented, layered abstract forms were projected onto a wall, moving up and down in a long, thin, vertical strip similar in shape and function to a film strip. I had asked the artist to produce a three-dimensional version of these abstract shapes so that they could be accessible to the touch. The artist decided to use three-dimensional printing technology to create scans of the objects from collaged foam packing material. It is thus these same objects that were animated digitally and then merged via analogue video tools that further were able to abstract the image and produce sound through the manipulation of electronic frequencies. Mounted on pedestals that also serve as speakers, the printed objects vibrated with the same sounds emanating from their projected counterparts.

- 14 A sign language interpreter should be arranged to accompany all speaking engagements. It is also ideal to ensure that a recording of this be made permanently available through various technology devices and also online.
 - Note: For a template on this, see the Whitney Museum of American Art's vlog at http://whitney.org/Education/Access/Vlogs. When I curated *LOUD silence* at the Grand Central Art Center at California State University and then later on, at gallery@Calit2 at the University of California San Diego in 2014, I used this Whitney template to create both DIY and professional videos

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Figure 10.2 Raphaëlle de Groot, installation shots of Study 5, A new place (2015) in Sweet gongs vibrating, San Diego Art Institute, 2016, curated by Amanda Cachia.
Photos by Emily Corkery

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that were made available on iPads and online during the run of the exhibition. One was filmed on an iPhone and edited using software on a laptop at home, while the other was created in a professional television studio on a university campus. While the quality is indicative of the resources available for each project, the objective is the same – to provide access to a deaf and/or hearing impaired audience, especially given that the exhibition itself focused on the experiences of sound and silence from a this perspective.

- 15 All videos with sound should be captioned. If a video or any other object that makes sound cannot be captioned, then a listing of the sounds should be included on the label.
- 16 Similarly, if there are scent-based works in an exhibition, a description of the odours should also be provided.
 - *Note:* I did this for my *Sweet gongs vibrating* project at the San Diego Art Institute and displayed them alongside the Braille labels and instructions for how to participate in the work.



Figure 10.3 Brian Goeltzenleuchter and Anna van Suchtelen, *Let's call it grass,* 2015, poetry olfaction in three parts as part of *Sweet gongs vibrating* at the San Diego Art Institute.

Photo by Emily Corkery

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Conclusion: Material and ideological access in the museum

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In this chapter, I have attempted to build a constellation of approaches to the methodology of creative access using my guidelines and some curatorial examples in order to illustrate its conceptual and physical possibilities for the artist, curator and, ultimately, the audience member who engages with the object and/or work. Creative access has both material and ideological components that are meant to stimulate physical, cognitive and sensorial functions of the human body. Access is not as one-dimensional as people might think - it can incorporate other sensorial experiences into the work that include tactile elements, sound, captions, audio description and more. In the execution of this work, I have found artists to be both responsive and receptive to my ideas, as much as I have been inspired by theirs. Therefore the spirit of creative access suggests that it is a fluid process that takes place between the curator and artist(s) so that each party reaches consensus on what it should mean in a particular time and place for a particular exhibition and audience. In part, this also means that creative access is advocating for a politics within the ordinary curator-artist dialogical exchange, where each party might consider it a necessity to discuss how it will be seen, felt and heard for the benefit of a complex embodied audience. Each instance in this essay where creative access has been deployed has also attempted to indicate how the artist-curator exchange on its critical import has evolved. In other words, creative access is not monolithic, nor uniform, much like the general definition of access itself, which is always going to be variable and dependent on a number of conditions. If the artist and curator are prepared to imaginatively engage with the work of creative access, then conditions of narrow standardisation will eventually not only be disrupted as they transform curatorial practice and the museum and gallery experience for the visitor, but vital new approaches to art-making and thinking will also thrive.

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